

# **ANALYSIS OF TECHNICAL DIFFICULTIES IN THE BEL CANTO STYLE AND WAYS TO OVERCOME THEM**

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Abstract. The article analyzes the technical difficulties that arise in the process of singing in the bel canto style. Ways to overcome them are described. The importance of mastering the correct breathing technique is emphasized, on which the stability of the singing voice, volume control, and the ability to sing long notes directly depends. The pedagogical conditions for the development of performing skills in the bel canto technique are clarified.

Keywords: Bel canto, musical and technical difficulties, vocal training.

## **АНАЛИЗ ТЕХНИЧЕСКИХ ТРУДНОСТЕЙ В СТИЛЕ ПЕНИЯ БЕЛЬКАНТО И СПОСОБОВ ИХ ПРЕОДОЛЕНИЯ**

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Аннотация. В статье анализируются технические трудности, возникающие в процессе пения в стиле бельканто. Описываются способы их преодоления. Подчёркивается значимость освоение правильной техники дыхания, от которой напрямую зависит устойчивость певческого голоса, регулировка громкости, умение петь длинные ноты. Уточняются педагогические условия развития исполнительских навыков в технике бельканто.

Ключевые слова: бельканто, музыкально-технические трудности, обучение вокалу.

In Bel canto vocal music, the importance of breathing control is self-evident, as it is the foundation of the entire singing technique. Good breathing skills are crucial for ensuring sound stability, volume control, and maintaining coherence and sound quality in long segments. When singing, a stable airflow can help the singer maintain even volume and consistent timbre while performing long passages. The core of this technique lies in the ability to effectively utilize the full capacity of the lungs and precisely control the diaphragm, thereby achieving continuous and uniform airflow. A well controlled breath not only supports longer phrases, but also helps singers avoid a decrease in volume or quality during the singing process, ensuring the fullness and expressiveness of the voice [2, p. 58].

In order to master this technique, singers need to enhance lung capacity and enhance diaphragm control through long-term and systematic practice. This usually includes a

series of breathing exercises, such as abdominal breathing and intercostal breathing. In abdominal breathing, singers learn how to fully utilize the lower capacity of the lungs by expanding the abdomen, which helps to increase the persistence of breath. The practice of intercostal breathing focuses on using the muscles around the ribs to control breathing, further enhancing the stability of airflow. These exercises not only enhance the singer's lung capacity, but also enhance their ability to maintain a stable breath during long performances.

In addition to physical training, good breathing skills also require singers to have a sense of music and rhythm in order to apply these skills appropriately during singing. Singers must learn how to allocate their breath reasonably in different parts of the music, ensuring that their performance is not affected by insufficient breath in long syllables or complex segments. This means that singers need to find a harmonious balance between music and breathing, learning to inhale and exhale at appropriate times to support the fluency and expressiveness of music [3, p. 81]. Therefore, a deep understanding of the music and a perception of the interaction between breathing and musical rhythm are indispensable parts of advanced breathing techniques in bel canto singing. Through these comprehensive training and practices, singers can demonstrate greater technical accuracy and artistic expression when singing.

Excellent breathing control is not only reflected in its technical excellence, but also in how it is transformed into emotional expression and artistic presentation. When singers use appropriate breathing techniques in their singing, they can invisibly build a bridge to communicate with the soul, conveying their inner surging, delicate feelings, and pursuit of beauty to every listener through the fluctuations of their voices. This control brings about the inner tension and subtle emotional layers of music, making every note full of vitality and every lyric full of poetry. Therefore, at the artistic level, breath control is a medium for emotional communication between singers and listeners, and an art that seamlessly combines technical perfection with emotional sincerity.

Artists, through their exquisite mastery of breathing control, are able to freely handle the dynamic changes of music during singing, achieving a seamless transition from pianissimo to fortissimo. This dynamic control not only demonstrates the singer's technical skills, but more importantly, it allows the emotional curve of the music work to be fully displayed, allowing every subtle expression and emotion to be accurately expressed. With the flow of breath, the singer can guide the audience into the emotional world of the work, allowing them to experience a comprehensive emotional experience from gentle comfort to passionate motivation. This profound artistic expression is achieved through a profound understanding and superb application of breathing techniques.

In the practice of bel canto singing, the artistry of breathing control is reflected in how singers integrate it into different song styles and singing contexts. Whether it's classical opera arias or modern art songs, good breathing control can enable singers to

more accurately capture and reproduce the composer's intentions and the emotions of the lyricist. When performing, singers can fully showcase the emotional details and musical beauty of the song through subtle adjustments to the breathing rhythm. Therefore, breathing control in bel canto singing is not only a key focus of singer's technical training, but also an important source of artistic creativity. It makes technology and art harmoniously unified in the singer's voice, jointly drawing a moving music picture.

Pronunciation and range are two crucial aspects in singing techniques, and they are crucial for any singer. Firstly, pitch accuracy, also known as pitch accuracy, is one of the important criteria for evaluating a singer's technical level. An excellent singer should be able to accurately grasp the height of each note, even in complex melodies, maintaining this level of accuracy [4, p. 84]. The stability of intonation is not only reflected in the ability to sing established notes clearly, but also includes accurate control in techniques such as transposition and sliding. This requires singers to have strong auditory recognition and sound control abilities, as well as a deep understanding of music theory.

The range plays a crucial role in vocal performance, especially in bel canto singing. It defines the range of notes that a singer can comfortably and accurately sing, from the lowest to the highest. A wide vocal range provides singers with more freedom of music choices and expression. Singers with a wide range of voices can easily perform various styles of songs, from deep bass to passionate treble, demonstrating astonishing adaptability and expressiveness. This ability enables singers to showcase more emotional levels and musical details in their singing, thereby attracting and moving the audience.

To maintain accurate pitch, singers must undergo extensive ear training, including practicing pitch, timbre, and chords. This type of training helps to improve music perception and memory, enabling singers to more accurately reproduce the notes they hear. In addition, vocal practice, such as practicing scales and singing different musical works, is another key step in improving pitch accuracy. Through continuous practice, singers can gradually improve their pitch control ability while constantly challenging more complex tracks.

In terms of expanding vocal range, singers need to engage in specialized vocal exercises such as breathing control, vocal fold relaxation, and reinforcement. Correct breathing techniques are the foundation for expanding vocal range, as they can help singers produce higher or lower notes without damaging their vocal cords. At the same time, relaxing and strengthening vocal training can help improve the flexibility and endurance of vocal cords, allowing singers to explore their vocal range boundaries more freely. Mastering these technologies requires long-term practice and understanding of acoustic principles.

Adjusting the position of pronunciation and pronunciation is one of the key techniques for optimizing sound resonance in bel canto vocal music. The clarity and manner of pronunciation have a direct impact on the clarity and timbre of the sound. In

order to achieve the best resonance effect, singers need to form clear and expressive phonemes through precise tongue, lip, and jaw movements. For example, by strengthening the contact between the tip of the tongue and the hard palate, a brighter and more prominent voiceless sound can be produced, while relaxing the base of the tongue and soft palate helps to produce warm and rounded voiced sounds. Good pronunciation not only makes the lyrics easier to understand, but also enhances the expressive and infectious power of the music.

Pronunciation position, also known as sound placement, refers to the vibration position of sound in the resonant cavity of the mouth and head. By changing the pronunciation position, the singer can control the quality of the sound and the intensity of resonance. The earlier pronunciation position can produce more focused and radial sound, suitable for expressing lively and lively music materials; The later pronunciation position can produce a broader and more inclusive sound, suitable for interpreting deep and lyrical melodies. By practicing different pronunciation positions, singers can flexibly adjust their voices according to the style and emotional needs of the music.

To optimize resonance effects, singers also need to pay attention to the shape of their mouth and throat. An open mouth and relaxed throat help to naturally amplify sound and enhance resonance. In practice, this means that singers need to practice and learn how to maintain correct oral shape and throat opening in different ranges and intensities. For example, the high pitched part often requires a wider mouth and a vertical soft palate lift, so that sound can freely propagate in the resonant cavity of the head. In contrast, the bass section may require more chest resonance, which requires the singer to achieve by relaxing the chest and abdominal muscles.

Finally, singers should improve their pronunciation and pronunciation through continuous practice and feedback. This usually involves close collaboration with vocal coaches and objective evaluation of one's own voice. Through recording and playback, singers can hear more clearly the impact of their bite and pronunciation position on resonance effects, and make adjustments accordingly. In addition, participating in master classes and workshops can also provide valuable external feedback, helping singers further understand how to effectively apply these techniques to improve sound resonance and expressiveness.

When classifying and analyzing the technical difficulties of bel canto vocal works, we not only reveal the complexity of this singing method and the high technical requirements for singers, but also delve into the depth and breadth of its artistic expression. Bel canto singing requires singers to have perfect pitch control, rich emotional expression ability, and precise breathing skills. These technical difficulties are not only the foundation of music performance, but also the bridge connecting the singer and the audience, and conveying music emotions. Through systematic classification and in-depth analysis of these technical difficulties, we can not only better understand the unique charm of bel canto

singing, but also provide important guidance for vocal teaching and practice, thereby promoting the development and innovation of vocal art.

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