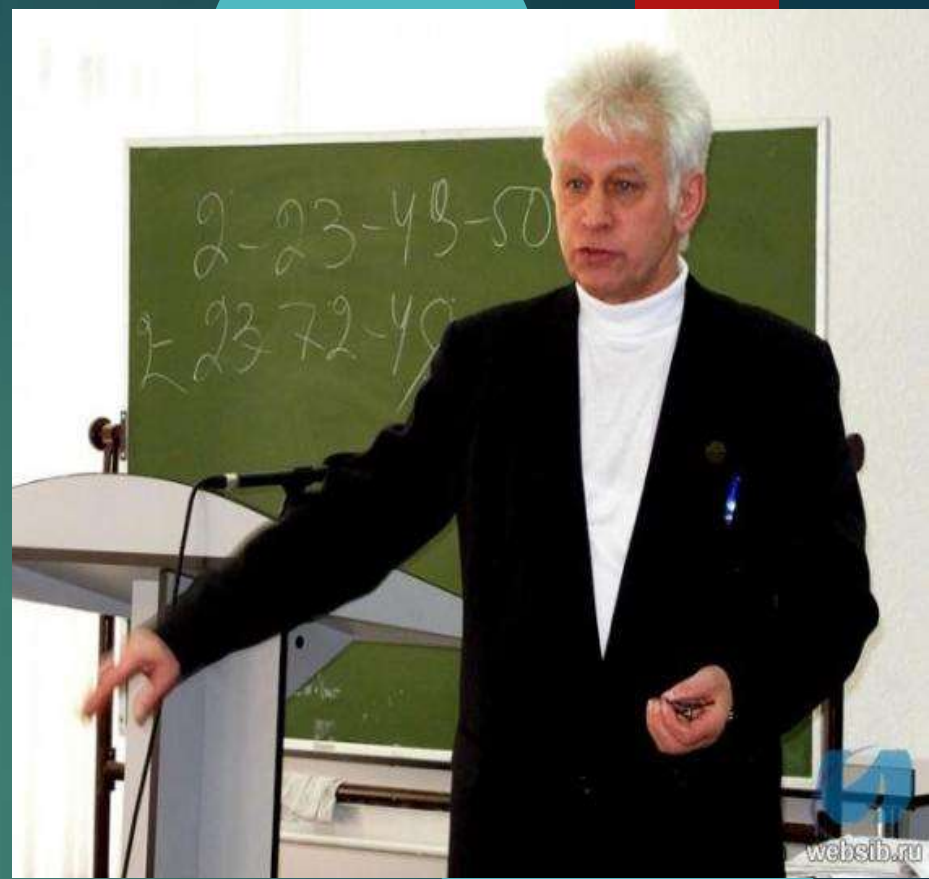


Health-saving
technologies
in education



Biography of
V.F. Bazarny



Bazarny Vladimir Filippovich *(1942-2022)*

**Russian scientist,
ophthalmologist,
pedagogue-innovator;
Doctor of Medical
Sciences; Honorary Worker
of General Education of
the Russian Federation; full
member of the Academy
of Creative Pedagogy**

V.F. Bazarny



- ▶ **Founder of a new scientific direction – health-saving pedagogy**
- ▶ **Creator of the theory of sensory freedom and psychomotor emancipation**

Stages of the professional path [1]

- ▶ Born in the Sumy region in the family of a school teacher and a peasant woman
- ▶ graduated with honors from the Krasnoyarsk Medical Institute, worked as a surgeon, head of the pediatric ophthalmology department in Krasnoyarsk
- ▶ 1977-1991 – head of the Laboratory of Sensory Systems at the Research Institute of Medical Problems of the North of the Siberian Branch of the Academy of Medical Sciences of the USSR

Stages of the professional path [2]

- ▶ since 1991 – Head of the Scientific and Implementation Laboratory of physiological and health problems of the Administration of the Moscow region (Sergiev Posad)
- ▶ Program Manager of the Russian Union for the Healthy Development of Children
- ▶ died on January 10, 2022 from a stroke

Main works of V.F. Bazarny

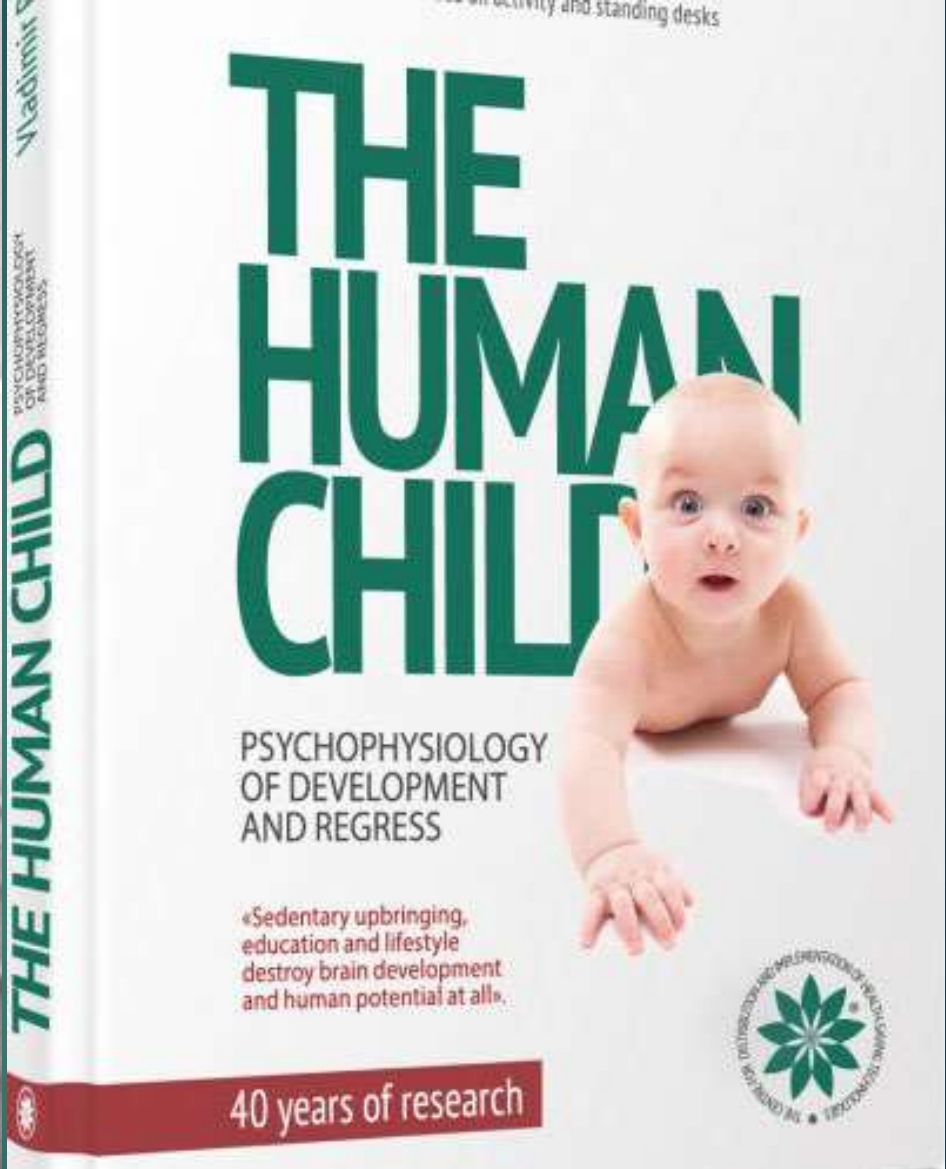
monographs

- ▶ *Vision in children (Novosibirsk, 1991)*
- ▶ *School stress and demographic catastrophe in Russia (Moscow, 2004)*
- ▶ *Child's health and development: express control at school and at home (Moscow, 2005)*
- ▶ *The human child. Psychophysiology of development and regression (Moscow, 2009)*
- ▶ *The School of rebirth or the school of degeneration (Moscow, 2012)*
- ▶ *A school or a conveyor of biorobots (Moscow, 2015)*

Author of more than 100 scientific publications



ЦЕНТР РАСПРОСТРАНЕНИЯ И ВНЕДРЕНИЯ
ЗДОРОВЬЕСБЕРЕГАЮЩИХ ТЕХНОЛОГИЙ



THE HUMAN CHILD

PSYCHOPHYSIOLOGY OF DEVELOPMENT AND REGRESS

Vladimir B.

THE HUMAN CHILD

PSYCHOPHYSIOLOGY
OF DEVELOPMENT
AND REGRESS

«Sedentary upbringing,
education and lifestyle
destroy brain development
and human potential at all».

40 years of research



bazarny.ru

zdorovoe-obrazovanie.ru

Health according to V.F. Bazarny



are reserves of immune, protective, physical and spiritual forces. They are not given initially, but are returned according to the laws of education. And the science of education is pedagogy

V.F.Bazarny's health-saving technology

- ▶ recognized as a scientific discovery by the Russian Academy of Medical Sciences
- ▶ protected by patents and copyrights
- ▶ has been practically tested for 28 years on the basis of more than 1000 kindergartens and schools
- ▶ has a sanitary and epidemiological conclusion of the Ministry of Health of the Russian Federation
- ▶ presented in the PACE report "On the Healthy and Harmonious Development of Learners" for consideration by the international community

Characteristic features of V.F.Bazarny's health-saving technology

- ▶ mobility of children during classes
- ▶ the naturalness of the methods used – the educational process proceeds thanks to, and not contrary to, the natural nature of children
- ▶ clear quantitative criteria for assessing the intellectual and psychophysiological state of children (imagination, posture, visual acuity ...)

Methods and techniques of V.F.Bazarny's health-saving technology

- ▶ **dynamic pose mode**
- ▶ **visual coordination exercises visual coordination simulators with the help of supporting visual-motor trajectories (ophthalmic exercises)**
- ▶ **exercises for muscle-body coordination**