

in accordance with the mentioned innovative approaches help students to feel the charm of English in the process of learning, develop students' thinking, cultivate students' sentiment, and develop students' personality.

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PROBLEMS AND COUNTERMEASURES IN THE MUSIC EDUCATION OF FAMILIES WITH YOUNG CHILDREN

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This article is dedicated to analyzing the status of family music education of young children in China. It explains the importance of family music education for young children, studies the impact on the healthy development of children's mind and body and determines the effective family participation model in early childhood music education in China. The article finds out the problems and promotes the practice of family participation in the early childhood music education process.

Keywords: family music education; music education problems; countermeasures in music education; preschool children

In recent years, with the gradual improvement of people's education awareness, family education has been highly valued by all areas of life, and it has become the main force of preschool children's education. It has a profound impact on the healthy development of children's mind and body. Music is a good medium to convey emotions through beautiful sounds, and it is a way of important help to people's physical and mental development.

Scientific family music education for young children has special educational significance and plays a role in promoting children's development that cannot be ignored. It can be seen that it is necessary to explore the problems and countermeasures in the family music education of preschool children.

The importance of family music education for young children contributes to the healthy growth of children. Young children are at a critical stage of physiological development, so the educational environment and lifestyle can guarantee the healthy growth of children. Home music education is no exception.

According to scientific research, learning music has a good positive effect on the development of children's left and right brains, which is undoubtedly very helpful to the healthy growth of children [1, p. 79 – 81]. In addition, children can improve their mental health in family music education activities. Vital capacity drives blood circulation, keeps children's body and limbs in a state of well-proportioned development, becomes a form of healthy activity that children like, and lays a solid foundation for children's healthy growth [4, p. 108 – 110].

Music also contributes to the healthy growth of children's psychology. It has always been an art form enjoyed by people all over the world. Music can directly affect the psychology of young children and promote children to observe the world more carefully and comprehensively. Family music education cultivates preschool children's imagination, language expression ability, memory, hearing ability, reaction ability, etc., which can enhance children's emotional experience and improve children's learning confidence. At the same time, because preschool children are emotionally impulsive and changeable, they often change their emotions due to the stimulation of some things, and cannot dominate and control themselves. Carrying out music education can bring out the contagious effect of music, it can give children effective emotional education, help them solve emotional problems, and contribute to the healthy growth of children's psychology.

The educational content is not perfect enough, so music is highly abstract and vivid, and can directly affect children's brains and stimulate children's various imaginations and feelings. Some parents choose insufficient content when carrying out music education for young children. They just play their favorite music works to their children from their own aesthetic point of view. Without scientific guidance, it is difficult for children to understand the meaning of music works. Without good music learning experience, learning enthusiasm is not high, and it is difficult to exert the positive influence of family music education. It may also have a counterproductive effect, inducing children to have negative emotions that resist music learning. If things go on like this, it is bound to affect children's physical and mental health and development.

The purpose of education is utilitarian. It is natural for parents to have a certain utilitarian psychology in the process of carrying out family music education, which can be understood. However, in the actual family music education process, parents are particularly utilitarian. Parents excessively pursue the utilitarian nature of music learning. Parents did not formulate scientific and reasonable music education learning goals and plans, and blindly cultivated children in the direction of so-called "musicians". This kind of compulsory family music education that does not meet the actual growth needs of children will not only have a positive effect on the physical and mental development of children, but also have a negative effect, causing harm to children's psychology. It is easy to cause children's personality and psychological problems. Improper music education and attitudes of parents have directly caused adverse consequences of preschool children's music learning, which is not conducive to children's music learning and future development [2, p. 17].

At present, most parents generally have the problem of traditional single family music education. Not paying enough attention to the cultivation and improvement of children's music learning interest, subjective initiative, and innovative and creative thinking, just let children passively complete music learning tasks, and instill music knowledge and skills into children. Children are also the subject of learning in family education, which requires parents to pay attention to children's subject status, focus on cultivating children's comprehensive ability and music literacy, mobilize children's interest in music learning, and let children gradually change from passive music learning in the past to actively learn music to achieve the ideal effect of family music education for preschool children.

In addition to the above problems, the unreasonable evaluation standards of family music education are also a major factor affecting the effect of family music education for preschool children. In China, there are grades for music. For example, there are grades one to ten for piano. Parents mistakenly think that only the grade test can reflect the musical level and ability of children. Use this as an evaluation standard to judge whether children's music learning is good or bad. This wrong concept of education has a great adverse effect on children's music learning. Leading to the blind pursuit of singing in the music education process. It is difficult to improve children's music learning motivation without comprehensively promoting the development of children's intelligence and emotion.

The following countermeasures for family music education of preschool children can be taken:

- Updating the concept of family music education. In family music education, parents' educational concepts have an important influence. Only by establishing a correct concept of children's family music education and paying attention to family music education can children be guaranteed

scientific and appropriate music education [3, p. 98]. Therefore, parents should get out of the misunderstanding of compulsiveness and utilitarianism, and give children create an open, free and happy music learning space, combined with children's learning needs, in a pleasant. In a comfortable learning atmosphere, feel the joy and growth brought by music, and realize the goal of family music teaching for preschool children.

– Continuously improve the content of music education from the perspective of children. Parents should fully respect children and provide children with suitable family music education content. From the perspective of children, according to the laws of children's physical and mental. Scientifically and rationally select musical works that can promote children and be liked and understood by children. Parents can dig out children's musical potential in time, understand the practical problems children have in music learning, and take effective measures to carry out music education in a targeted manner.

– Innovate music teaching methods to cultivate interest in music. Preschool children are innocent and have a strong desire to learn and explore new things. Parents should grasp this characteristic of children and constantly innovate music. Music teaching methods, carefully designed music activities that can stimulate children's interest in participation, attract children's attention, maintain children's enthusiasm for music learning, and thus subtly help children form a good interest in music learning, and contribute to children's future. To lay a solid foundation for future music learning and development.

– Develop a sound family music evaluation system. Parents should be aware of the deficiencies in the current evaluation of family music education, innovate values, and change the focus of family music education to cultivate children's interest. Focus on music interest and literacy, and no longer excessively pursue the learning progress of children's music skills. Constantly sum up and reflect on the problems of family music education problems, accumulate practical experience, use encouraging language, give children full affirmation and praise, enhance children's music learning confidence, let children choose their favorite music performance methods and time, so that children can be in a good family music education evaluation, continuously improve your music learning ability, and find your interest and expertise in music learning.

– Highlight the characteristics of family education for preschool children. Parents should comprehensively consider the particularity of family music education for preschool children, actively create a strong parent-child atmosphere in music activities, build a warm, sunny and harmonious music learning environment, and highlight the characteristics of children's family music education. also, Parents should seize the right time for music education. They can implement feasible music education activities in any occasions such as kitchens and parks, in light of specific situations, so as to give full play to the advantages of family music education that is not limited by time and space.

To sum up, preschool children are in the enlightenment stage of learning, and family music education during this period plays a guiding and leading role in the healthy growth of children's body and mind. Parents should deeply analyze the problems existing in the current family music education of preschool children, update the concept of family music education, and take effective countermeasures to solve the problems. Solving problems gives full play to the effectiveness of family music education and escorts children's healthy growth.

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