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## **IMPLEMENTATION OF INTERDISCIPLINARY RELATIONS IN CONDITIONS OF SUSTAINABLE DEVELOPMENT**

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**Abstract.** The article substantiates the importance of implementing interdisciplinary connections in an educational institution, based on the ideas of a systematic approach. An example of interdisciplinary projects or actions for students is given as an element of creating a developing educational environment and a means of forming the functional literacy of schoolchildren.

**Keywords:** interdisciplinary, sustainable development, project activity.

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## **ПЕДАГОГ-ПСИХОЛОГ КАК СПЕЦИАЛИСТ ПОМОГАЮЩИХ ПРОФЕССИЙ**

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**Аннотация.** В статье педагог-психолог рассматривается как специалист помогающей профессии. Характеризуется сущность понятий «личность», «деятельность». Проведен анализ основных положений и содержания его работы как субъекта в системе образования. Авторы всесторонне раскрывают аспекты профессиональной деятельности педагога-психолога.

**Ключевые слова:** личность, действие, субъект, убеждение, замешательство, подражание.

One of the positive reforms in the development of education in Kazakhstan in recent years has been the creation of a psychological service and the birth of a new profession of a teacher-psychologist in the education system [1].

Before considering the professional activity of a teacher-psychologist, it is advisable to reveal a teacher-psychologist as a specialist helping people in general. To do this, it is necessary to describe the concepts of "personality", and "action".

The place of action in the formation of personality is still being considered in psychology. The features of the relationship and mutual influence of the characteristics of the structure and professional activity of the individual were studied in the works of B. G. Ananyev, A.V. Petrovsky, K. K. Platonov, B. F. Lomov, etc.

According to A.V. Petrovsky: personality is an integral (aggregate) subject-object – a relatively stable system of subject and subject–subject-object relations and relations formed in activity, and the impact on other people.

This attitude to action is studied in a new way in psychological problems of personality: any activity arises from the fact that a certain person is recognized as the subject of this activity. This is how the actions of an individual are formed. Acting as a subject of activity, he is also its result. Thus, the study of the psychological aspects of activity reflects the psychology of the individual in the course of his activities. Consequently, action in psychology and coming from the position of personality are not two different principles, but one, since the mode of action acts as a separate and subjective one. The problem of the subject of activity in pedagogical psychology was presented in the works of A. K. Markova, N.V.Kuzmina, and I. A. Zimnaya.

I. A. Zimnaya, considering subjective characteristics, describes the possibility of their projection on the educational process [2]. He refers to such characteristics: the subject assumes an object; the subject in the form (means, methods) of its influence is social (cognitive or practical); a specific individual form of realization of a social subject; a collective subject is represented in each person and vice versa; consciously regulated activity is always subjective in which it is formed; individual activity of the subject consciously acting; subjectivity is defined in the system of relationships with other people, activity, dependence; the subject is integral integrity of communication, action, consciousness and being; subjectivity is a dynamic principle that does not exist outside of the interaction itself, changing and disappearing (interpersonal, social, activity); subjectivity is an inner psychological category. All these characteristics are manifested in the subjects of the educational process in full or returned form.

Thus, concerning the analysis of psychological and pedagogical work, the study of the concept of "subject", certain scientific material has now been

collected, which fully allows us to approach the study of the problem of improving the professional training of a teacher-psychologist as a specialist, it was necessary to consider and analyze the concept of "action" of a profession that helps as a subject of professional activity.

The concept of action (activity or conscious human activity) is one of the fundamental works in psychology. We see the main methodological approaches to its study in the works of J. M. Abdildin, B. G. Ananyev, S. M. Zhakupov, A. N. Leontiev, S. L. Rubinstein, etc.

According to K. Platonov, action is a goal in which the connection of form with the environment is laid down, which a person consciously realizes. He distinguishes the internal structure of the action structure as follows: goal, motive, approach, and result [3].

Also, a psychologist, Professor S. M. Zhakupov, was engaged in studying the problem of psychological activity in Kazakhstan, in particular, when studying this problem, he focused on goals in joint activities, goals in joint activities of people as a process of creating new ones. The generally accepted motivation in joint activity is understood as the psychological reality of the activity of the subject [4].

A teacher-psychologist is a specialist who ensures the bodily mental, health, and development of students, as well as their social well-being.

A teacher-psychologist acts as a subject in the education system, he is part of the psychological service, where he contributes to the creation of a social atmosphere and the adoption of measures to prevent the occurrence of social maladaptation in students.

A teacher-psychologist provides rehabilitation assistance and psychological correction to students and counseling assistance to their parents.

Due to the personality characteristics of a teacher-psychologist, recognizing a teacher-psychologist as an amazing person, the following professionally distinctive aspects are distinguished::

- the breadth of interests and independent views;
- willingness to build relationships and support them;
- the ability to emotionally involve people in yourself;
- the desire to know oneself and others.

As for the requirements for the personality of a teacher-psychologist, not everyone can work with people. The "helping" teacher-psychologist, as one of the professions of human cognition, possesses psychic truth.

In practice, this means that any client of a teacher-psychologist can influence him with his personal qualities, as well as involve his problems in the orbit (countertransference). But, acquiring a psychological reality, and the specialist assisting, often in the process of work must influence it, including (shuffling) various aspects of this reality. Such interactions can be both positive and negative.

The task of the specialist is, firstly, to preserve the ability to resist situations of negative impact, and to preserve one's psychological status; secondly, to implement cultural empathy in situations of positive impact. The influence of one personality on another is an influence on consciousness, will, and emotions, through them – on the behavior and actions of a person as a whole. It is realized with the help of various psychological mechanisms: persuasion, tanning, and imitation [5].

Persuasion is an intellectual and emotional impact based on logic and evidence. Its essence is to reckon with the consciousness of a person. Consequently, the success of persuasion depends on whether it corresponds to the laws of consciousness development (general, age, personal). The words of persuasion should be clear, the effect of persuasion is focused on personal experience, optimism of new information, and equivalence in solving the problem, the main thing is repetition and reinforcement of the idea of persuasion, as well as a demonstration of trust in the client.

Tanning is an impact based on the uncritical perception of information and a corresponding change in mood, understanding, and behavior. The effectiveness of tanning depends on the individual strength of a person and the degree of tanning of another person, as well as on the nature of the relationship between them.

Imitation is transmitted through literal, non-linguistic (voice, intonation, accent, rhythm, timbre, gestures, gestures) means of direct transmission of emotional mood (feelings, emotions).

For a teacher-psychologist as a professional, his personality is very important, which is the main tool of his professional activity.

Teacher - the activity of a psychologist in the education system is mainly related to the psychological and pedagogical support of educational, educational, and managerial work in an educational organization, which means that it is focused on all subjects of education: students, teachers, parents, administration, and also contributes to the creation of favorable conditions for learning and cognition of the student, the formation of a comfortable psychological state, studies the psychological characteristics of the personality of participants in the educational process, identifies factors that hinder it, comprehensively develops, provides various types of psychological assistance (counseling, psych correction, rehabilitation) [6].

Thus, the main direction and activity of the work of a teacher-psychologist is the provision of psychological and pedagogical support for the mental development and socialization of students in different age periods, as well as ensuring the psychological well-being of the younger generation. It forms the psychological activity of the school, ensuring the creation of a psychologically safe and comfortable educational environment that considers the needs and interests of various categories of students, forming the psychological culture of all subjects of the educational process.

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### EDUCATIONAL PSYCHOLOGIST AS A SPECIALIST OF HELPING PROFESSION

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**Abstract.** An educational psychologist is considered a specialist in the helping profession in the article. The essence of the concepts "personality" and "activity" is characterized. The analysis of the main provisions and content of his work as a subject in the education system is carried out. The authors comprehensively disclose aspects of the professional activity of a teacher-psychologist.

**Keywords:** personality, action, subject, persuasion, confusion, imitation.

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### ГЕНДЕРНЫЕ СТЕРЕОТИПЫ В ШКОЛЕ И ИХ ВЛИЯНИЕ НА СОЦИАЛЬНО-ПСИХОЛОГИЧЕСКИЙ КЛИМАТ КОЛЛЕКТИВА

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