

Psychocorrection in the system of psychological assistance to persons with speech disorders

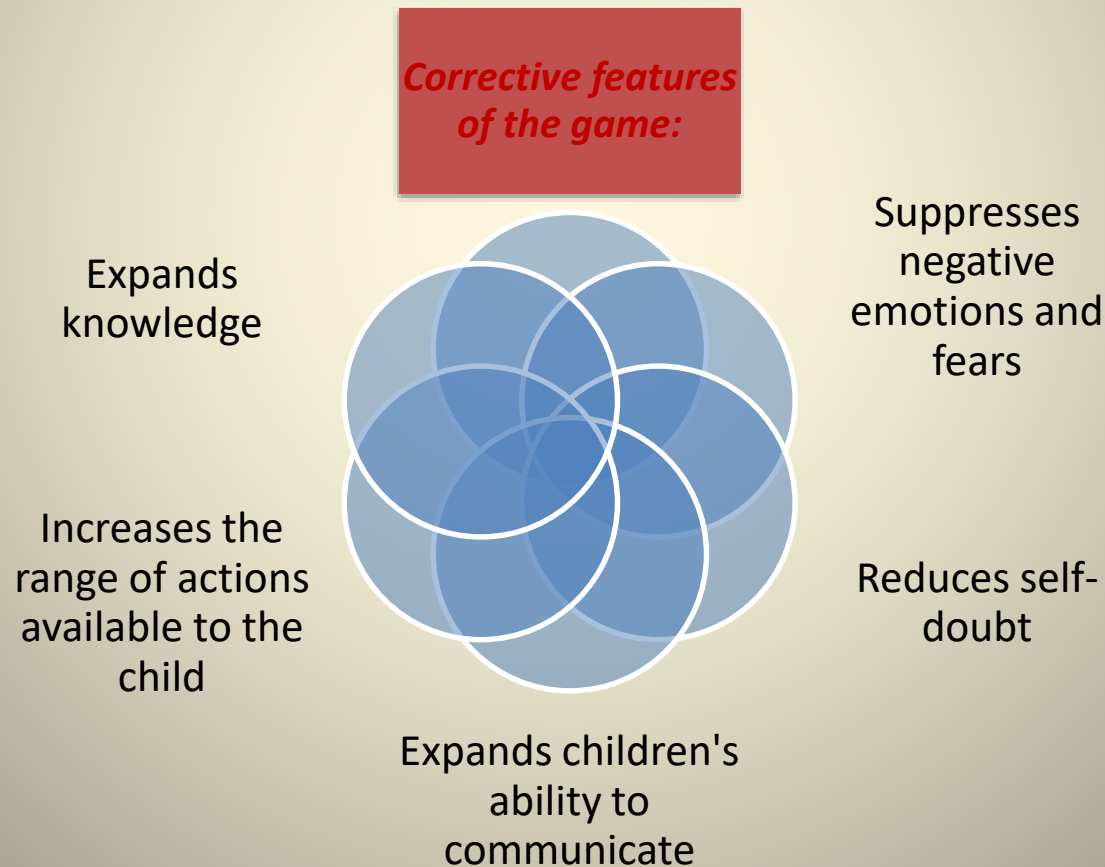
Associate Professor of the speech therapy
department
Loginova I.N.

Psychological correction

is the main method of influence of a psychologist aimed at optimizing the development of mental processes, functions and harmonization of the development of personal characteristics of the person.

- **The game as a method of psychocorrection** and psychotherapy has been used since the beginning of the 20th century.
- For the first time it was used for the treatment of patients by Moreno. He developed a method of psychodrama to correct the relationships of patients.
- In 1922, Moreno organized a medical "impromptu theater" in Vienna, where professional actors played on stage with patients.

Game therapy –a method of psychotherapeutic influence on children and adults using the game



Anna Freud and Melanie Klein used the game as a method of psychotherapy for children

- They proposed two forms of play therapy: directed and non-directed.
- **Directed** (directive) game therapy involves the active participation of the psychologist in the child's game, where he leads and interprets the child's activities.
- **Non-directional** takes place in the form of a child's free play. Game with sand, water, clay, game "Worlds" , etc.

- In the Directive game there are plot-role-playing games and psychodrama.
- In a plot-role-playing game the psychologist plans the plot, selects game conflict situations and distributes roles (roles need to be changed). The game is played together with parents.
- Games-dramatizations based on known fairy tales.
- Outdoor games (blind man's buff, tag, etc.) these games provide emotional discharge, relieve inhibition associated with fear, and contribute to the assimilation of group norms of behavior.

Game therapy with children
with speech disorders aimed at
correcting motor and sensory-
perceptual areas

Games with buttons



Source-

Zinkevich-Evstigneeva,
T. D., Grabenko, T. M.
Workshop on creative
therapy.-SPb.
Publishing House
"Rech", 2001. – 400p.

- *The cycle «**Meeting and interaction**»*

Button massage;

Fishing;

Button necklace;

Button Lotto, etc.

- *The cycle «**family stories**»*

Generic tree;

Event;

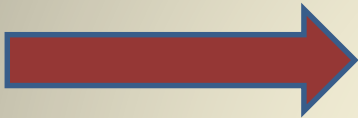
Grandma's button

Fairy-tale therapy

- **Psychocorrection tales (psychological)** are created to correct ineffective behavior. They are defined as a fiction author's story that promotes the optimal course of mental development of children through the development of self-awareness and contains metaphorical information about the inner world of a person.

Fairy-tale therapy

Types of work with a fairy tale



- ✓ Analysis of fairy-tales with children;
- ✓ Group storytelling;
- ✓ Telling a story in the 1 person or on behalf of different characters;
- ✓ Inventing a continuation of the fairy-tale;
- ✓ Rewriting or adding a fairy-tale;
- ✓ Group composition of a fairy-tale;
- ✓ Solving fairy-tale tasks

Six hats

- We present only the facts, without comments

White hat

- The most unpleasant. What bad consequences can occur?

Black hat

- We talk only about feelings

Red hat

- Look at the situation on the positive side

Yellow hat

- Creative approach

Green hat

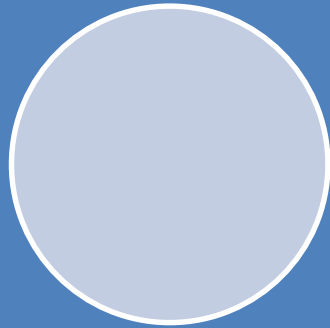
- Life lesson, what the situation teaches

Blue hat

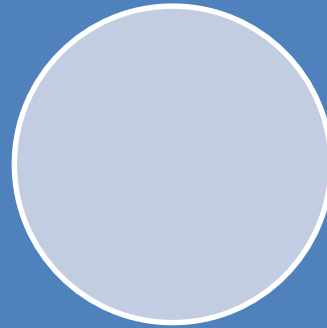
Fairy-tale ***doll therapy*** as a kind of game therapy



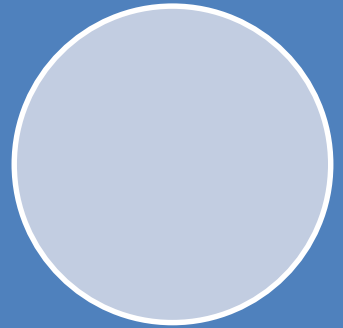
**Three types
of dolls are
used in
therapy:**



Puppets



Finger dolls



Shadow
dolls



Doll therapy in working with children with speech disorders

Possible result:

- ✓ Children's speech development
- ✓ Motor development
- ✓ Development of emotions
- ✓ Developing communication skills
- ✓ Development of spatial orientation
- ✓ Strengthening relationships with parents

- Working with these children you must use a doll that matches the child's capabilities.
- Using of Parsley dolls, which are put on the hand, knitted finger puppets, soft mobile "hand puppets" give a good result.
- Dolls are made by teachers and parents with the participation of children.
- Most often, the doll acts as an intermediary for the successful interaction of the teacher with the child, what the teacher asks the doll "performs".

- **Art therapy** is a specialized form of psychocorrection and psychotherapy based on visual art.
- The main task is to develop self-expression and self-knowledge of the child.
- Drawing strengthens the child's sense of identity, helps children learn about themselves and their abilities.
- Art therapy is most effective in correcting fears in children and teenagers.

Music therapy is a form of psychotherapy based on using music

Receptive music therapy involves the perception of music for a corrective purpose.

Listening to music together helps to achieve catharsis, helps regulate emotional States, develops communication skills, etc.

Active music therapy involves dynamic musical activity (playing the musical instruments, spoons, choral singing).

It is used in group lessons to unite the team, increase social activity.

Corrective work with anxious children (recommendations for the teacher)

Not to attract anxious children to the activities of a competitive nature

Compliment the child even for a minor achievement

Do not hurry anxious children, let them act at their usual temp

Use toys and materials already known for children

Do not force the child to involve in unknown activities, let them observe other children first

Fix a constant place for the child