Educational Area: Child and Society
Topic 2.3. The method of forming the foundations of a healthy lifestyle in children with visual impairment of preschool age

Tasks:
- to form ideas about ways to maintain health;
- to form an idea of the ways of adequate behavior in different life situations;
- develop the need to adhere to the rules of safe behavior
Teaching methods

- Visual: effective for securing ideas about safety rules and the consequences of their violations
- Verbal
- Gaming: role-playing, mobile, didactic games
- Practical: exercises, experiments, modeling

Ruskih А.О.
Means of education

- Education by word / communication
  - conversation, story, explanation, example

- Education by activity
  - training, exercise

- Education situation
  - creating situations raising, promotion, punishment, requirement, educational evaluation

- Education game

Ruskih A.O.
Forms of education

- Classes
- Excursions, target walks, hikes
- Movable, didactic, role-playing, theatrical, problem games, competition games
- Observations
- Conversations group and individual
- Analysis of specified situations
- Execution of orders
- Experimentation