

The structure of the psyche

РЕПОЗИТОРИЙ БГПУ

Psyche

The structure
of the psyche

Mental
process

Mental
properties

Mental state

Mental
compositions

РЕПОЗИТОРИУМ БІЛТІ

Mental process

- ▶ **Mental processes** act as primary regulators of human behavior. Mental processes have a certain beginning, course and completion, that is, have certain dynamic characteristics, which include parameters that determine the duration and stability of the mental process.
- ▶ Mental processes are divided into three groups: cognitive, emotional and volitional.
- ▶ Mental processes are closely interrelated and act as primary factors in the formation of mental states.

Mental state

- ▶ **Mental states** characterize the state of the psyche as a whole. They have their own dynamics, which is characterized by duration, direction, stability, intensity.

РЕПОЗИТОРИУМ БГУ

Mental properties

- ▶ **Mental properties** - characterized by greater stability and great constancy.
- ▶ Under the mental properties is understood to be the most significant features that provide a certain quantitative and qualitative level of human activity and behavior. Mental properties include orientation of the personality, temperament, abilities and character.

Mental compositions

- ▶ **Mental compositions** - a mental phenomenon formed in the process of acquiring a person's life and professional experience, the content of which includes a special combination of knowledge, skills and abilities.
- ▶ Knowledge is a set of information, concepts and ideas acquired by a person about objects and phenomena of objective reality.
- ▶ *Initial skills* - is an independent application of the acquired knowledge in human practice.
- ▶ *Simple skills* are simple techniques and actions performed automatically, without sufficient concentration of attention
- ▶ *A complex skill* is learned automated physical, sensory and mental complex actions that are performed accurately, quickly and easily with little tension on the mind and ensure efficiency of human activities.
- ▶ *Complex skills* - is achieved in the process of learning the ability of a person to creatively apply knowledge and skills and achieve the desired result in a continuously changing environment of practice