

# OPTIMIZATION OF PHYSICAL DEVELOPMENT

(DEVELOPMENT OF FINE  
ENGINEERING) OF A CHILD

**Motoric is the  
movement of  
muscles**

**General  
motor skills  
- movement  
of large  
muscles**

**Fine motor -  
movement  
of small  
muscles**

**Movement of arms, legs,  
head**

**Movement of fingers of hands,  
brushes**

# Movement of fingers of hands, brushes:

- ❑ Stimulate the processes of speech and mental development of the child;
- ❑ To develop thinking, attention, visual-motor coordination, motor memory, spatial representations;
- ❑ To form graphic skills, to prepare a child's hand for mastering a letter.



# Techniques for the development of fine motor skills of the fingers:

1. Roll balls of plasticine;
2. Tear up the newspaper, paper;
3. To sort out large wooden beads, rosary beads;
4. Collect, stack the pyramids;
5. Fasten buttons;
6. Tie, untie knots;
7. Finger games.



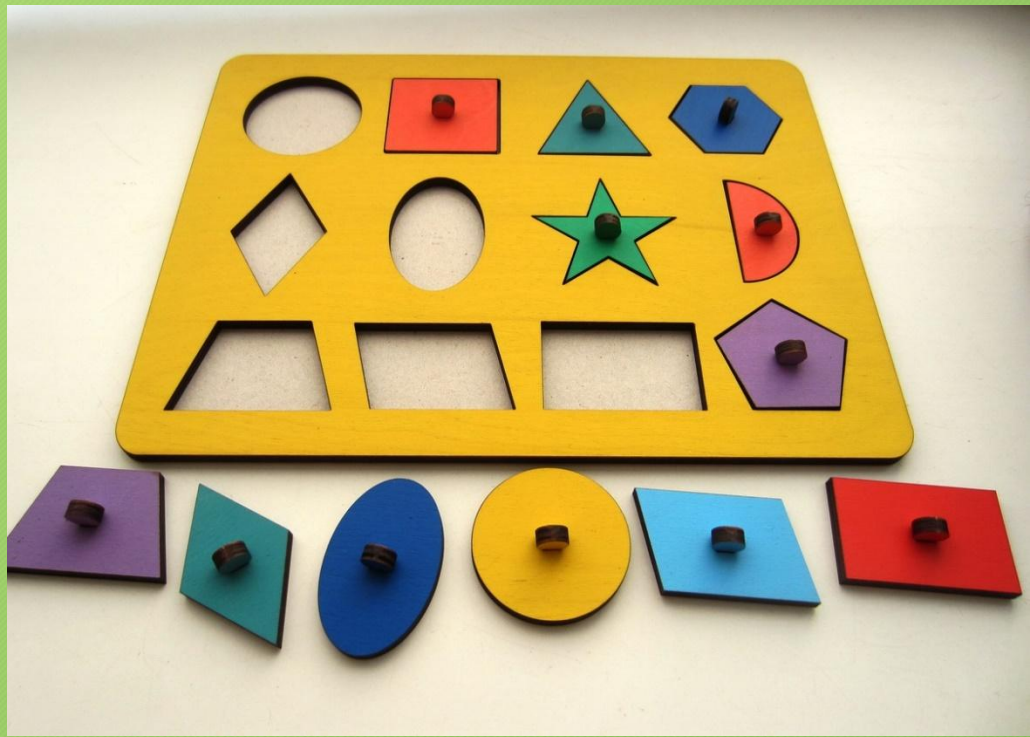




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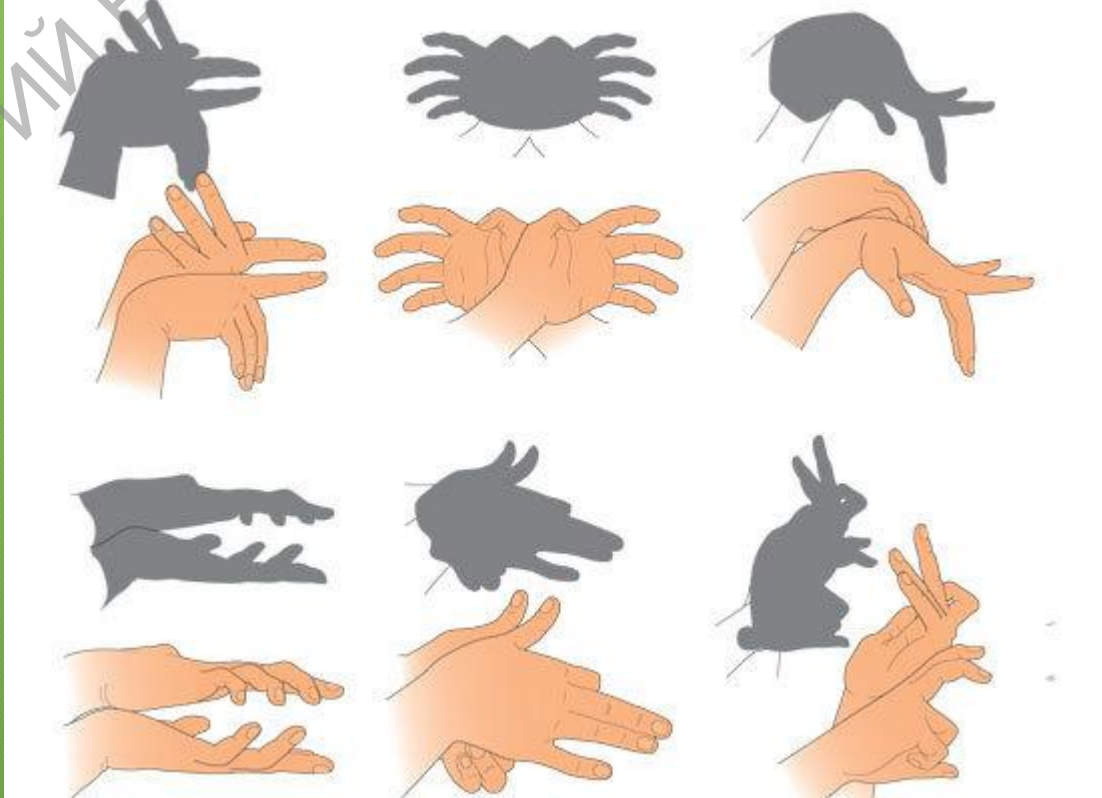


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