

Lecture 3:
Methods of Psychological
Correction of Children's Emotional
Disorders

РЕПОЗИТОРИЈА БИО

Basic Methods

- play therapy
- art therapy
- psychoanalysis
- method of desensitization
 - autogenic training
 - behavioral training

Special Methods

- *Psycho-regulating training*
- *Psychomotor training*
- *Psycho-gymnastics*

Play-based Methods of Correction

- promote the development of child's self-expression
- relieve the emotional discomfort of a child
- form self-regulating processes

Indicators for Group Play Therapy

- difficulties in emotional development;
- difficulties in expressing feelings and experiences through speech;
- lack of empathy when there is a need for communication with another person;
- phobic reactions

Indicators for Individual Play Therapy

- emotional shock associated with the loss of a loved one (death, divorce), catastrophe, violent actions, severe trauma
- acute emotional experience of separation from loved ones
- prolonged social and emotional deprivation
- obvious antisocial behavior