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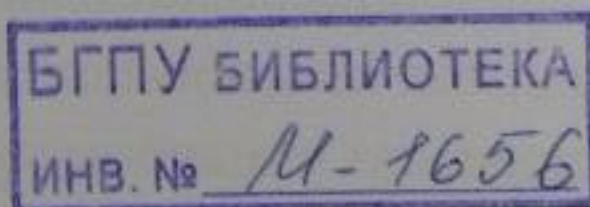
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**ФОРМИРОВАНИЕ ОРИЕНТАЦИИ НА ВАЛЕОЛОГИЧЕСКИЕ
ЦЕННОСТИ В ПРОЦЕССЕ ОРГАНИЗАЦИИ ФИЗКУЛЬТУРНО-
ОЗДОРОВИТЕЛЬНОЙ РАБОТЫ ВО ВНЕУРОЧНОЕ ВРЕМЯ
(с учащимися II ступени общего среднего образования)**

Диссертация на соискание академической степени
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SUMMARY

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FORMATION OF THE ORIENTATION ON THE VALEOLOGICAL VALUES IN THE PROCESS OF ORGANIZING PHYSICALLY HEALTH-IMPROVING WORK IN EXTRA-CURRICULAR (ON THE SECOND STAGE OF GENERAL SECONDARY EDUCATION STUDENTS)

Key words: physical culture, health, valeological value, teenagers, motivation, fitness and sport-mass work.

The object of the research: fitness and sport-mass work with teenagers on the second stage of general secondary education.

The subject of the research: pedagogical conditions of orientation of students on valeological values on the second stage of general secondary education.

The purpose of the research: to work out the complex of pedagogical means for the formation of valeological values of students on the second stage of general secondary education.

The methods of the research: the analysis of the theoretical and methodological literature, poll, the methodology of studying of value orientations, anthropometry, methods of functional research, mathematical-statistic analysis of the results of the research.

The scientific novelty of the research is the definition of pedagogical conditions of formation of orientation on valeological values; the development of the complex of pedagogical means in the process of physical culture and health - improving work in extra-curricular on the base of taking the interests of the students, which allowed to increase the freedom of choice of type and character of the motor activity of teenagers, contributed to the formation of sustainable motivation to healthy lifestyle, improvement of physical development and functional state.